

Arizona Physical Education Standards Articulated by Grade Span Strand 5

Concept: Personal Behavior			
K-2	3-5	6-8	9-12
PO 1. Follows directions given in class.	PO 1. Act in a safe manner during physical activity.	PO 1. Exhibit self-control that requires minimal teacher supervision during class activities.	PO 1. Apply safe practices, rules, procedures and etiquette in all physical activity settings.
PO 2. Demonstrates safe use of equipment during all class activities.	PO 2. Follows safety protocols during physical activity.	PO 2. Correctly utilizes appropriate safety equipment during adventure/outdoor activities.	PO 2. Act independently of peer pressure.
PO 3. Follows safety protocols during physical activity.	PO 3. Remains on task while working independently.	PO 3. Correctly follow safety protocols in physical education content areas at all times.	PO 3. Initiate independent and responsible personal behavior in physical activity settings
PO 4. Reports the results of practice and participation honestly.	PO 4. Accept decisions regarding a personal rule infraction without displaying negative reactions toward others.	PO 4. Participate positively in all class activities.	PO 4. Identify sports and activities that appeal to people of different genders, race, ethnic and religious backgrounds.
PO 5. Works independently while exploring movement tasks.	PO 5. Assess and take responsibility for his or her own behavior.	PO 5. Demonstrate cooperation relative to general class rules and routines.	PO 5. Recognize the level of risk in various sports and activities.
PO 6. Uses practice time wisely and appropriately.		PO 6. Demonstrate perseverance in dealing with difficult skills, game situations and social interactions.	

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Concept: Social Behavior			
PO 1. Shows compassion for others by helping them.	PO 1. Work cooperatively with a partner, small group, or class.	PO 1. Demonstrate respect and cooperation toward all classmates, teacher, equipment and facilities across all settings.	PO 1. Resolve conflict in appropriate using appropriate methods.
PO 2. Works in a diverse group setting without interfering with others.	PO 2. Resolve conflicts in a socially acceptable manner.	PO 2. Work productively and effectively with class mates.	PO 2. Participate in a learning group with a wide variety of diverse members.
PO 3. Takes turns willingly with others.	PO 3. Participate in establishing rules and procedures that are safe and effective for specific activities.	PO 3. Employ appropriate conflict resolution strategies at times of interpersonal conflicts.	PO 3. Take a leadership role and follow through, as appropriate, in order to accomplish group goals.
PO 4. Accepts all classmates without regard to personal differences.	PO 4. Demonstrate respect and caring for peers through verbal and non-verbal encouragement and assistance.	PO 4. Effectively work in group activities toward common goals.	PO 4. Explain and create a physical activity that demonstrates a safe environment for self and others.
PO 5. Demonstrate the elements of socially acceptable conflict resolution during class activity.	PO 5. Encourage others and refrain from put-down statements.		PO 5. Include persons from diverse backgrounds and abilities in physical activities.
			PO 6. Design & instruct a sports or fitness activity from a different ethnicity or culture.
			PO 7. Design a sports or fitness activity for a specific individual or group from a different ethnic, racial or ability background.

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			PO 8. Instruct a sports or fitness activity for a specific individual or group from a different ethnic, racial or ability background.
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